

Fees and framework

So that everything is clear before we begin.

Fee

€100 per session (50–60 minutes).

The frequency is agreed together. One or two sessions a month is typical.

Payment and reimbursement

This work is self-funded. As a Heilpraktiker für Psychotherapie (a German state licence authorising the non-medical practice of psychotherapy), I do not bill Germany's statutory health insurance.

Depending on your insurance plan, private health insurers and the German Beihilfe may reimburse part of the fee. Reimbursement cannot be guaranteed, so please check with your insurer in advance.

Cancellations

Sessions cancelled at least 24 hours in advance are free of charge. For later cancellations or missed appointments, the full fee of €100 will be charged.

Professional limits

This work is not a substitute for medical or psychiatric treatment.

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